



ELC Snack Calendar July 2010

Monday	Tuesday	Wednesday	Thursday	Friday
			1 <u>a.m.</u> -Cheez-it crackers, juice <u>p.m.</u> -banana, milk	2 <u>a.m.</u> -cheese on cheese crackers, juice <u>p.m.</u> -apple slices, milk
5 <i>ELC closed 4th of July Holiday</i>	6 <u>a.m.</u> -string cheese, juice <u>p.m.</u> -pretzels, milk	7 <u>a.m.</u> -Nutrigrain bars <u>p.m.</u> -mixed fruit, milk	8 <u>a.m.</u> -Rice Krispie Treat, milk <u>p.m.</u> -cheese slice & crackers, juice	9 <u>a.m.</u> -yogurt, juice <u>p.m.</u> -strawberries, milk
12 <u>a.m.</u> -Chex Mix, juice <u>p.m.</u> -apple slices, milk	13 <u>a.m.</u> -pudding, juice <u>p.m.</u> -banana, milk	14 <u>a.m.</u> -yogurt, juice <u>p.m.</u> -animal crackers, milk	15 <u>a.m.</u> -Oatmeal Bar, juice <u>p.m.</u> -applesauce, milk	16 <u>a.m.</u> -Simply Fruit, milk <u>p.m.</u> -Cheez-it crackers, juice
19 <u>a.m.</u> -string cheese, juice <u>p.m.</u> -banana, milk	20 <u>a.m.</u> -muffin, juice <u>p.m.</u> -peaches, milk	21 <u>a.m.</u> -grapes, milk <u>p.m.</u> -cheese spread crackers, juice	22 <u>a.m.</u> -carrots/dip, juice applesauce, milk <u>p.m.</u> - Rice Krispie Treat, juice	23 <u>a.m.</u> -pretzels, juice <u>p.m.</u> -hot dog and watermelon picnic, milk
26 <u>a.m.</u> -Oatmeal Bars, milk <u>p.m.</u> -pudding, juice	27 <u>a.m.</u> -grapes, milk <u>p.m.</u> -yogurt, juice	28 <u>a.m.</u> -string cheese, juice <u>p.m.</u> -Nutrigrain Bars, milk	29 <u>a.m.</u> -Cheez -it crackers, juice <u>p.m.</u> -strawberries, milk	30 <u>a.m.</u> -Chex mix, juice <u>p.m.</u> -apple slices, milk